

NDIS Futsal' Rules

- 6 players on the court, which includes goalkeeper - for ages U10 thru U12
- 5 players on the court, which includes goalkeeper - for ages U15 thru U18
- 3 players on the court, no goalkeeper – for U8
- Soccer Ball – Weighted size #3 LoBo Soccer Ball will be used for all age groups.
It is a ball with little bounce made for gym floors. **No indoor ball.**
- All games will be 20 minute half; 40 minute game.
- No off sides.
- There are out-of-bounds on the sidelines and end lines, **no bouncing ball off a wall.**
- Penalties:
 - A player creating a dangerous play (hard tackle, reckless play), **regardless of intent**, will be issued a “yellow card” and will be required to sit out for ten minutes (may be replaced with another player).
 - A player receiving two yellow cards during a game will be ejected from the game and can not play the following week.
 - Cards will be tracked and persistent infringements may result in suspension or removal from league.
- Restart for Sidelines out-of-bounds:
 - The ball will be placed on the sideline where it went out-of-bounds and put back in play with a kick, not a throw-in. Entry pass is indirect.
 - Defense player must allow room for restart kick.
 - The ball must come to a complete stop before striking.
- Restart for End lines out-of-bounds - offensive:
 - A corner kick will be played when the ball goes over the end line; normal soccer rules apply.
 - Defense player must allow room for corner kick.
- Restart for End lines out-of-bounds - defensive:
 - Throw in will be taken in place of goal kick.
 - Once the ball has left keepers hands it must be touched by another player prior to the keeper touching again (**no dropkicks**)
 - Defense player must allow room for throw-in.

PLAYER EQUIPMENT

- Indoor flats, no black bottom soul shoes.
- Players will not be allowed to wear any jewelry.
- Shin guards **MUST** be worn.
- The referee shall be the judge of improper equipment.

SUBSTITUTIONS

Substitutions will be made on the fly. The player exiting should be across the sideline before the new player enters the game. Keeper substitutions can only be made when the ball is out of play.

DURATION OF PLAY

All games will be 20 minute half; 40 minute game. There will be a 2-minute half-time interval. Matches may be shortened at the discretion of the referee.

START OF GAMES

Games will begin on scheduled time whether both teams are ready or not. Games will not be allowed to run over the scheduled time.

LEAGUE TYPE

This is a recreational league. No standings, rankings or official score will be kept.

INCLEMENT WEATHER / CANCELED GAMES

Every effort will be made to play all games. Due to limited gym availability, games canceled due to inclement weather or other unavoidable events will likely not be made up. **Game status will be published on the website: www.ndindoorsoccer.com**